

Block of the Month October 2017

BLUE AND WHITE DONUT BLOCK



Earlier this year we had the blue and white Propeller block.

It was so versatile and your BOM contributions made SO many quilts.

Thank you for either sending the triangles or sewing them into squares ready to be trimmed and cut to size for positioning in one of the quilts.

BOM VOLUNTEERS ARE WONDERFUL...THANK YOU FOR YOUR WORK

Blue and white quilts meet the Requests of our Air Force Recipients, our Navy Recipients and any Recipients who just love blue. They are signature colours for many sports teams our Heroes request in their quilts.

This month you can choose how you use the blue and white fabrics

BUT

please use BLUE fabric...no aqua...no turquoise...no greyish blue...no greenish blue...no purplish blue

JUST BLUE

The blue fabrics can be light blue, dark blue or medium blue. They can be striped, spotted, tone-on-tone, plain or printed with a pattern.

Remember that the majority of our Recipients are men and florals and "pretty" fabrics might not be appreciated.

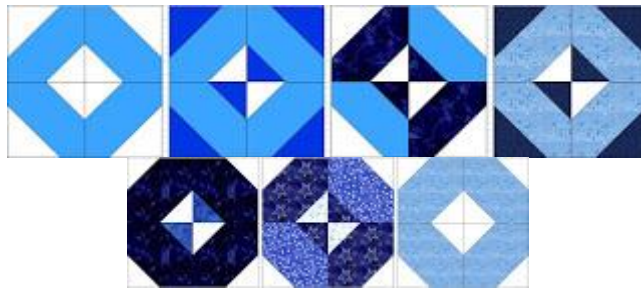
WHITE FABRIC

The white fabric can be plain or tone-on-tone

Fabrics should be 100% cotton

These are some colour placement variations you can choose from

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Use 1/4 inch seam allowance

BLUE FABRIC

Cut four 7 x 7 inch squares

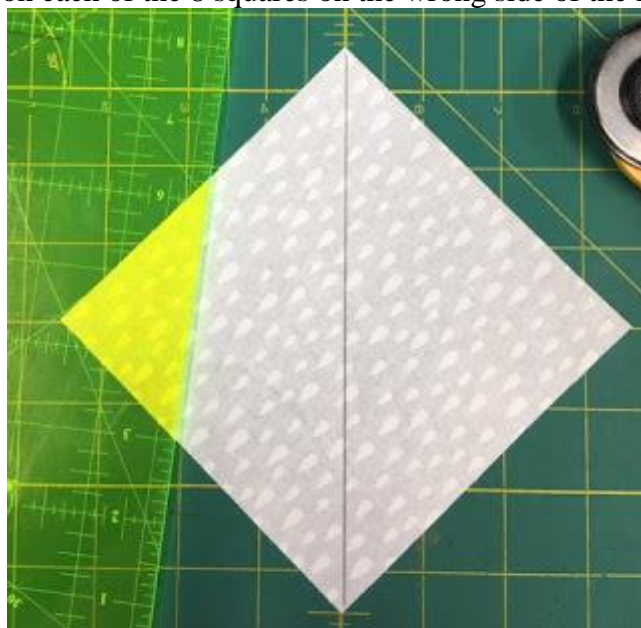
WHITE FABRIC

Cut four 5 x 5 inch squares

Cut four 3 3/4 x 3 3/4 inch squares

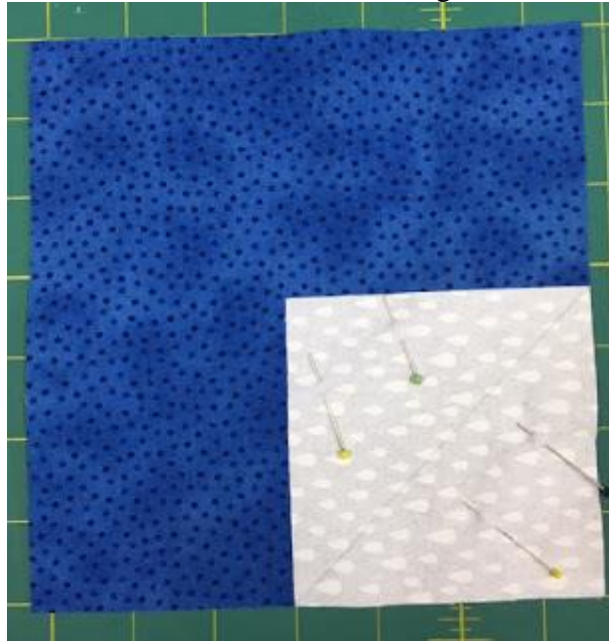


Draw a diagonal line on each of the 8 squares on the wrong side of the fabric

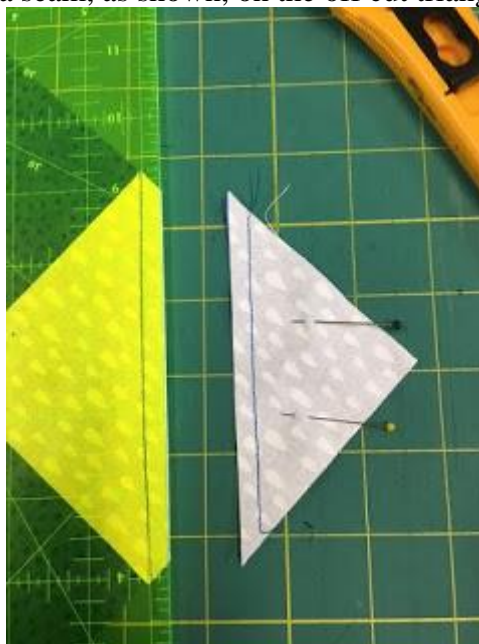


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Position a **small** white square on the blue fabric, with right sides together and pin either side of the line, leaving room for the machine foot. Sew along this line.

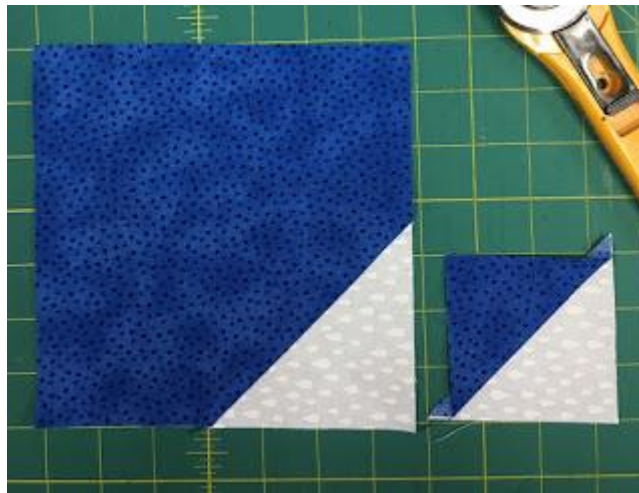


Remove pins and place ruler over the block as shown, and cut away the corner leaving a 1/4 inch seam allowance. Sew a seam, as shown, on the off cut triangles.



Press the seams to one side on both squares

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Position a large square on the opposite corner as shown, and sew on the diagonal line.



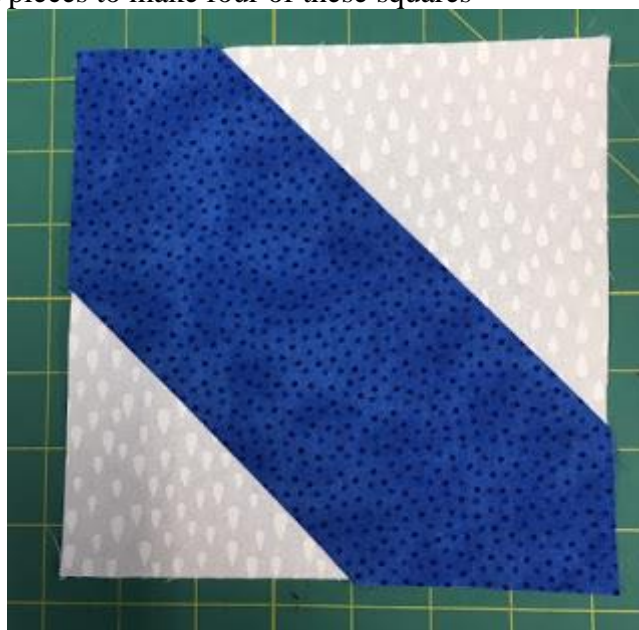
As before...

- cut leaving 1/4 inch seam allowance
- sew seam on off cut triangles
- press seam allowance to one side on both pieces

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Repeat with other cut pieces to make four of these squares



and eight of these

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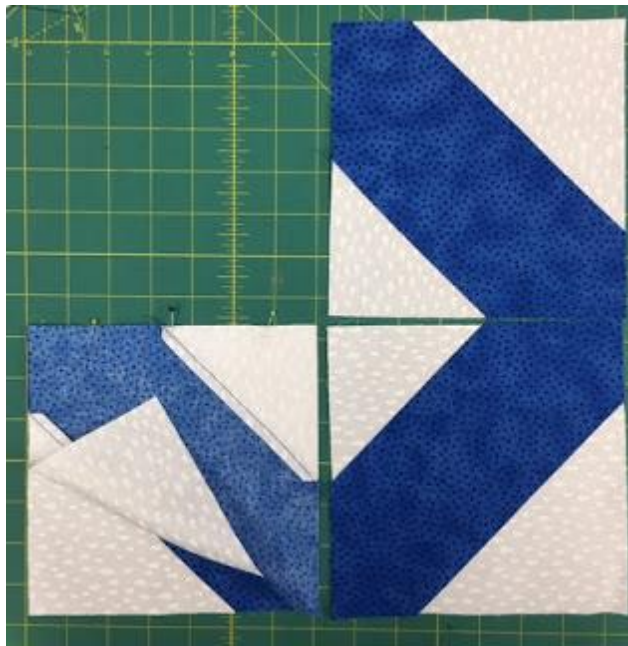
Put the 8 small squares aside ready for posting. Please don't trim as they will be cut to exactly the size required to make bigger blocks and borders, by those making the quilts for our Heroes.

Lay out the four squares as shown, with the small white triangles in the centre of the block and the large triangles on the outside of the block.



Fold two of squares as shown and sew a seam where the two small triangles come together, making half the block

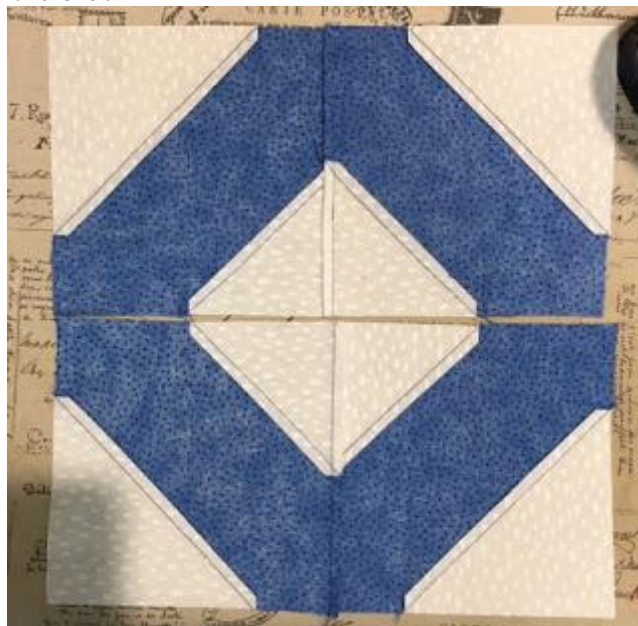
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Repeat for the other half of the block

TIP

Lay out on the ironing board and iron the seam allowances in opposite directions as shown, as this will allow the seams to "nest" together when sewing, making it easier to match up the seams in the centre of the block



Sew the last seam of the block and press the seam allowances to one side

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There you have it...the Blue Donut Block!
Please send your block and the eight smaller blocks to

Aussie Hero Quilts
PO Box 248
Cherrybrook NSW 2126

The wonderful AHQ sewing Team in Coffs Harbour will use your blocks to make quilts according to the requests of our Heroes, to thank them for their Service and show them they are honoured and remembered daily by Aussies at home.

THANK YOU
for being a part of this great venture.

Enjoy the beautiful Spring weather in this great South Land where we are blessed to live, and until next month... happy sewing.

Sandy