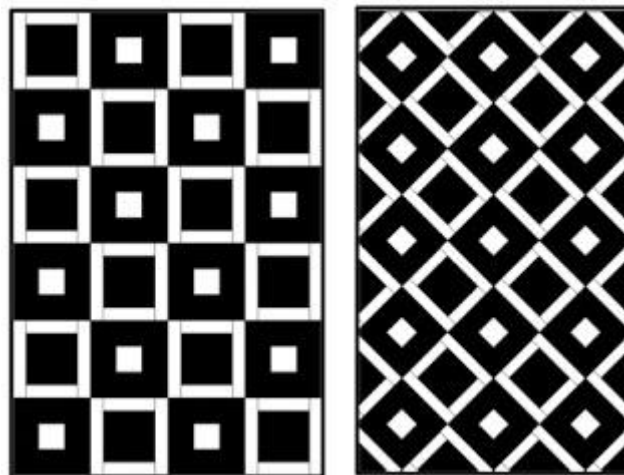


[Block of the Month August 2017](#)

BLACK AND WHITE SQUARES



These two simple blocks will make stunning quilts for our Heroes.
Here are just two of the ways they can be assembled.
They can also be assembled in many ways to feature the Requests from our
Recipients that we love to include in their quilts.



FABRICS

Jan-Maree has asked us to make **BLACK AND WHITE** blocks this month.

The **BLACK** part of the two blocks can be plain black or black tone-on-tone. Uncomplicated prints on the black fabric are OK but they really need to be **BLACK**

The **WHITE** part of the two blocks should be mainly white. It could be plain white, tone-on-tone white prints or black or grey prints on the white background. Please keep in mind that the majority of our Recipients are men, so prints that are not flowery or "pretty" will work best.
All fabrics should be 100% cotton.

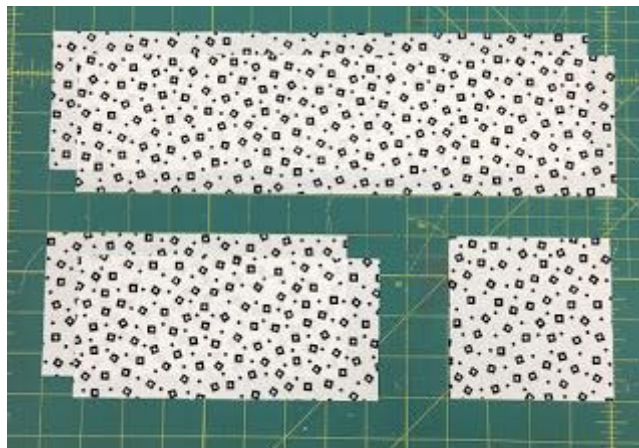
Please...DO NOT TRIM BLOCKS

All blocks will be trimmed back to different sizes to fit the different layouts for individual quilts and so any irregular edges will be trimmed away.

MAKE THE TWO BLOCKS

Cut the WHITE fabric

- One 4 x 4 inch square
- Two pieces 7 1/2 x 3 1/2 inch
- Two pieces 13 1/2 x 3 1/2 inch



Cut the BLACK fabric

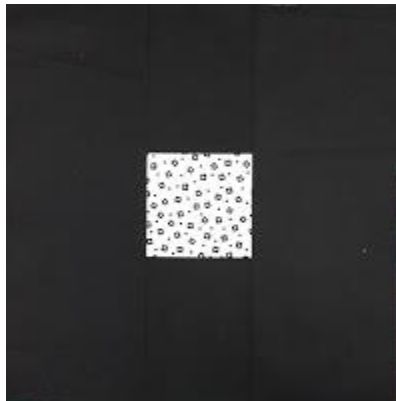
- One 7 1/2 x 7 1/2 inch square
- Two pieces 4 x 5 1/4 inch
- Two pieces 5 1/4 x 13 1/2 inch



1. Join the two small pieces of black fabric to opposite sides of the white square and press the seam allowances into the black fabric



2. Join the two large pieces of black fabric to opposite sides of the above piece and press the seam allowances into the black fabric



3. Join the two small pieces of white fabric to opposite sides of the black square and press the seam allowances into black fabric



4. Join the two large pieces of white fabric to opposite sides of the black square and press the seam allowances towards the white fabric



Please **don't** join the blocks together as they appear at the top of the tutorial!

Thank you for making blocks for quilts for our Aussie Heroes.

Every block goes into a quilt and your contribution is valued greatly. Watch the Blog in the coming months to see your blocks appear in the beautiful, personalised quilts made by volunteers who live in Coffs Harbour. The quilts, made with love, DO make a difference in the lives of those Defence Force personnel who sometimes live in challenging and colourless places, doing a very hard job away from family and loved ones. So thank you, thank you, thank you.

Happy sewing in this chilly weather and best wishes,
Sandy

Please send your blocks to

Aussie Hero Quilts
PO Box 248
Cherrybrook, NSW, 2126